

PSYCHOLOGICAL INJURY* CLAIMS*

With mental health issues now the most common illness in the workplace, we at Richard Grogan & Associates come across many claims* for psychological injuries* suffered as a result of some accident* or incident at work or because of how an employee was required to work. A psychological injury* is not always apparent in the immediate aftermath of an accident* or incident. It can take time to manifest itself and can take many different forms such as depression or post traumatic stress disorder. It can be the result of witnessing a particular traumatic event or as a result of having been bullied at work or being required to work excessive working hours. It can sometimes form part of the sequelae of a physical injury such as not coping with pain or the fact that you have suffered a serious and permanent physical injury. Psychological injuries* can have a long recovery period and can be life changing. It is important to remember that they are just as serious as any physical injury* and the symptoms cannot be ignored. Before embarking on any claim* for psychological injuries*, it is important that a person seek medical treatment from a specialist medical practitioner and have been diagnosed as suffering with a recognisable psychiatric injury. A person will only have a period of two years within which to bring a claim for this type of injury* so it is important that you seek legal advice, as soon as possible.



***Before acting or refraining from acting on anything in this guide, legal advice should be sought from a solicitor.**

****In contentious cases, a solicitor may not charge fees or expenses as a portion or percentage of any award of settlement.**